

BRAZEN HUB

THE SUPERBOWL: WHAT HAPPENS WHEN YOU NEVER GIVE UP, EVER!



Written by Diana Rangaves

In a spectacular comeback the Patriots daze the Falcons with an unlikely catch to triumph in Superbowl LI.

Retired British athlete, Derek Anthony persisted to finish the 400 meters semi-final at the 1992 Olympic Games in Barcelona with a torn hamstring. He was given a standing ovation, even though he was eliminated. In doing so, Anthony's post-Olympic accolades have included being featured in the Celebrate Humanity Olympic Committee's videos Visa used as advertisements and the 2008 Nike's Courage commercials. Footage of that moment in time has had more than **15 million views**.

Zion Harvey was the first U.S. child to receive a double hand transplant in 2015. Recovery was demanding and challenging. Yet, with his unrelentingly attitude Harvey is doing more today than he had ever dreamt.

The blending of countless events past and present serve as a reminder of statesmen, Winston Churchill's (born 1874 died 1965), proffered guidance, 'Never, never, never give up.'

Dwellings

So where does persistence live? It is in our art, music, poems, stories, photos, videos, and life histories. This shared emotional reaction is fundamental to all of us. It binds us to the sea of humanity.

We create the push inside ourselves. When we do, nature is there to assist with the release of neurotransmitters. Phenylethylamine (PEA), adrenaline, dopamine, and norepinephrine are just a few ingredients that shower the brain with 'get-up-and-go' energy.

These chemical messengers reach and recognize the target cells in our brain. They bind with specific protein molecules on the surface or within cell receptors and produce some well know effects. The heart rate increases, pupils dilate, dry mouth, and we think!

Skeletons

Once we have chosen to turn our back on the crowd that gives up, there is a tug of war. It is between the old and what is developing. Truly, there comes a time when it is overwhelming. One disappointment, letdown, and flop after another. What is the alternative? The keys are eagerness, excitement, and passion.

Another Churchill boost is, “Success is going from failure to failure without loss of enthusiasm”.

As we push ourselves, to the next level. Whether it is the touchdown, the next hike, the next job, or the next tiny thing, we ‘just do it’. In doing so, we develop our critical thinking along the way. The consequence is that we must leave somethings behind. Wounded pilgrims persist. When we do we realize that we never get over it. We shove through it to the other side.

Expressions

When we get excited about a project, anything can happen. Passion, dreams, kindness, compassion, joy, inclusiveness have the power to create happiness.

Everything takes work and involvement. History has shown us that the likes of Mozart, Edison, Beethoven, Einstein, and a sea of unknown people have selected to live in persistence.

The human spirit is passionately committed to durability and the opportunity to prove the dream-stealers wrong!

Legacies

There comes a point in our lives, where we can no longer ignore the status quo. Conformity is no longer an option. Our thirst and appetite lead us along a Hansel and Gretel path, following the breadcrumbs or Yellow Brick Road.

The manuscript for Harry Potter, by author J.K. Rowling, was rejected 12 times. Abraham Lincoln ran for and lost several political offices before becoming President of the Unites States.

There is really not anything we can give up on. Perseverance pays for we learn something new with each attempt, gaining experience and wisdom. The footprints of effort are never a waste of time.

About the Author: Diana Rangaves is a full-time writer and award-winning teacher. She has work appearing in numerous venues, including children's picture books, medical, scholastic books, and articles. Diana, a pharmacist, is the author of the Rosy Posy Papillion children's learning series, the personal growth educational books, Medicine Child's Play: The Sensitive Brain, Escape into Excellence, and Embrace Your Excellence. She is actively working on the Ethical Hacker ~ Acidemia a political suspense thriller novel. We wish we could say more. Visit DianaRangaves.com



LIFE, NOT GIVING UP, PERSEVERANCE, SOCIAL, SUPERBOWL